



Irish Primary PE Association
Cumann Corpoideachais Bunscoile na hÉireann



PEXpo 2022

Primary Teachers Handbook

This Primary Teachers Handbook has been developed to assist teachers and students in preparing their project for the 2022 PEXpo **Primary Section**. It includes information on the: (1) PEXpo Zoom Day (2) Registration and Entry Procedure (3) Project Explanation and Submission (4) Judging and Marking Criteria

(1) PEXpo Zoom Day

On the PEXpo Zoom Day, Primary school project entries will be in the children's school with the class teacher and a representative number of children.

When | Wednesday 6th April 2022

How | A zoom link live with the primary judges. Each class entry will be allocated a 10 min zoom call to showcase their work through questions and answers, 'show and tell' with two judges

Time | Primary event 9.30 am- 12.30 pm.

Prizes

1st PEXpo trophy for winning school plus €50 voucher for the class teacher and €200 sports equipment voucher for the class for PE usage.

2nd €25 voucher for the class teacher and €100 sports equipment voucher for the class for PE usage.

3rd €20 voucher for the class teacher and €100 sports equipment voucher for the class for PE usage.

Winners | Informed at 1 pm on PEXpo Day

Entry Closing Date | 18th March 2022

On PEXpo Zoom day representatives from the class will be asked simple questions about their learning in the Physical Education lessons and the diary entry process related to their project entry. The class teacher may be asked to clarify some points too. The children can, if they wish, show the judges aspects of their learning if it's possible only.

Sample questions: Can you explain..., Can you describe..., How did you work together when playing the activity? Name the skills...What did you enjoy most about...

(2) Registration and Entry Procedure

- All project entries must be registered and submitted by **18th March 2022**. Late entries cannot be acceptable
- Click on 'ENTER NOW' Tab on the PExpo website <https://www.pexpoireland.com/>
- Complete the application form.
- Pay €20 entry fee per class
- Cheque is payable to PExpo
- The project itself is emailed to irishprimarype@gmail.com (See below)

(3) Project Explanation and Project Submission

Overarching Theme| *What we have learned in Physical Education*

Teacher Guidelines| Plan and teach a Physical Education unit of work showing progression in learning based on a strand or theme for **150 minutes** (broken down into lessons of your chosen duration). This time allocation is in keeping with the IPPEA recommendation to NCCA Curriculum Redevelopment Consultation on Time and Structure (NCCA, 2018, p.41).

Children keep a Physical Education Diary to record their learning based on Head, Heart, and Hands (Cognitive/ Knowledge learning, Affective/Emotional learning and Physical learning) (Ní Chróinín, Coulter, & Parker, 2020; Vasily, 2015).

Teacher Guidelines for the Children's Work

How to use the 'Head/ Heart/ Hands' to help the children complete their Physical Education Diary?

Diary entries can be completed as an integrative methodology during art lessons, SPHE, or English lessons or whatever lesson is appropriate.

The following narrative may be used to help children understand learning with the head, heart, and hands.

*Learning with the **head*** is about learning facts and gaining knowledge, what you know, remember and could describe. For example, did you learn any new rules, facts or strategies today? Writing in your diary you might use the following sentence starters: 'what I know...', 'how I think...' or 'what I remember...'

*Learning with the **heart*** is concerned with how you think and feel about yourself, how you get along with your classmates, and how you communicate. It deals with persistence, grit, and resilience. It also includes to what extent you are helpful to your classmates and how you handle frustration, disappointment, and anger. Writing in your diary you might use sentence starters like 'I learned to work as a team by...' or 'I learned to listen better by...' 'I felt good about myself when I achieved/demonstrated/showed...'

*Learning with the **hands*** deals mainly with the doing part, the physical skill, the essential skills needed to participate in the activities in Physical Education. When talking about the physical skills you learn in PE don't forget to mention how you use other parts of your body such as your head, eyes and feet when performing. Writing in your diary you might use sentence starters like 'Important physical education skills I learned/ practiced today were

Sample Diary Headings

- Child's Name
- Class
- Week #
- Lesson #
- Draw a picture or insert a photo of your learning in physical education today.
- Tell me/Write about your picture and what you learned in physical education today (head/heart/hands).
- *Final Thoughts* (as the Final diary entry at the end of the unit of work)
 - Over the past **150 minutes** in Physical Education I have learned about:
 - Head:
 - Heart:
 - Hands:
- The things that helped my learning were:
- The things that made my learning harder were:
- The following statement must be presented with each child's diary:

Teachers' Project Work: Overview Description

A cover sheet (see below)

Two (maximum three) A4 sheets of text describing the unit of work/overview of the project (not a week by week or lesson by lesson account).

Tables or sketch drawings can be included.

State the learning outcomes for *the unit of work* including a *brief* outline of content on the A4 sheets. It is not a requirement but you may include photographs. Obscuring the children's faces is acceptable. The photos may showcase children's work and learning. Eight photographs maximum will be acceptable. Please follow your school consent procedure and complete the PExpo consent document (see below).

No videos are permitted.

Creativity and simplicity in the submission documents are encouraged.

The teacher should ensure there is a simple record of children's learning in their diaries.

Submitting the Project

The class teacher prepares an email to irishprimarype@gmail.com with the subject title PExpo Primary Entry

The project should include

- the cover page with the name of the school and class teacher, the number of children in the class. It must also indicate that you have the principals/, Board of Managements (submit a copy of the letter) and parents'/guardians permissions (see page 8) to submit the project and the diaries. A contact telephone number AND email address should be indicated so the zoom link invite can be shared one week in advance of PExpo Zoom Day. If your school is on a staff professional development day or the school is closed on PExpo day another day/time can be agreed.
- two A4 pages with the project title and lesson explanation (see above).
- a *sample* of diary entries from a *range* of children in the class from a range of lessons to highlight their work and learning. Some of the *Final Thoughts* elements of the diaries should also be included.
- The class teacher and school Consent PExpo Form 2021/2022 (see page 7)
- the file should be in pdf format

[Type the document title]

- the file/attachment should be submitted as *one* document only to:
irishprimarype@gmail.com
- the final project submission date is the same date as the Registration closing date
Wednesday 18th March 2022.
- late entries cannot be accepted.

(4) Judging and Marking Criteria

Project Title and Description

- A project title and overview description are evident (it is not a lesson by lesson description)
- Two/Three A 4 sheets explaining the teachers work
- Project learning outcomes and brief overview description are stated on the A 4 sheets

Project Content

- A clear link between the title, aims of the unit of work, the learning outcomes, and the children's learning
- Information is presented accurately
- The project content is linked to the Irish Primary PE Curriculum (1999)
- Work is representative of the children's learning

Coherence/Presentation

- Colourful
- Clear and concise

Verbal Knowledge and Understanding (PEXpo Day)

- The teacher and the children will respond to questions about the project and learning
- The children will respond to simple questions about their learning in physical education
- The children will respond to simple questions about their experiences in the Physical Education lessons and in keeping their diaries

Marking Criteria

Project	0-3 Marks	4-6 Marks	7-9 Marks	10 Marks
Project Title and Description	No Overview Description	Vague Overview Description	Good Overview Description	Excellent Overview Description
Marks Awarded				
Project learning outcomes linked to the head, heart and hands	No learning outcomes	The project outcomes are vague	The learning outcomes are quite clear	The learning outcomes are very clear
Marks Awarded				

Project Content	0-3 Marks	4-6 Marks	7-9 Marks	10 Marks
There is a clear link with learning outcomes and the children's learning	No clear link between the learning	Vague link between the learning	Some link between the learning	Clear link between the learning outcomes and the children's learning

[Type the document title]

	outcomes and the children's learning	outcomes and the children's learning	outcomes and the children's learning	
Marks Awarded				
Information presentation	The information presented is inaccurately presented	The information presented is somewhat accurate	The information is clearly presented	The information presented is fully accurate and to a high standard
Marks Awarded				
The project content links to the Irish Primary PE Curriculum	The project is not linked to the Irish Primary PE Curriculum	The project is vaguely linked to the Irish Primary PE Curriculum	The project is linked to the Irish Primary PE Curriculum	The project is very clearly linked to the Irish Primary PE Curriculum
Marks Awarded				
Children's learning is evident in their diary entries	Children's learning is not represented in their diary entries	Children's learning is vaguely represented in their diary entries	Children's learning is represented in their diary entries	Children's learning is very evident in their diary entries
Marks Awarded				

Coherence/Presentation	0-3 Marks	4-6 Marks	7-9 Marks	10 Marks
Colourful	The project presentation lacks colour	The project presentation has some colour	The project presentation is colourful	The project presentation is very colourful
Marks Awarded				
Clear and concise	The project lacks clarity	The project is vague	The project is clear	The project is very clear
Marks Awarded				

Verbal Knowledge and Understanding (PEXpo Day)	0-3 Marks	4-6 Marks	7-9 Marks	10 Marks
Teacher and children's subject understanding	Subject understanding could be stronger	Subject understanding is satisfactory	Subject understanding is good	Subject understanding is excellent
Marks Awarded				
Teacher and children's answers to questions is insightful	Response to questions could be stronger	Satisfactory response to questions	Good response to questions	Rich response to questions
Marks Awarded				
Teacher and children can explain PE experiences	Explains PE experiences vaguely	Explains PE experiences to a satisfactory level	Explains PE experiences well	Explains PE experiences very clearly
Marks Awarded				

[Type the document title]

Total (Maximum 110 marks)

Specific Judges notes

Feedback for the School/Teacher:

References

NCCA (2018). IPPEA Submission. Written submissions: consultation on curriculum structure and time, p.41. Available at: https://www.ncca.ie/media/3234/written-submissionsdocument_structureandtime_ncca.pdf

Marron, S. (2019). What have we learned in PE? INTO Intouch October Issue 190. p.31

Ní Chroinín, D., Coulter, M., & Parker, M. (2020) 'We Took Pictures": Children's Meaning-Making in Physical Education'. Journal of Teaching in Physical Education, 39 (2):216-226

Vasily, A. (2015). Learning with the head, the heart and the hands [Online]. Retrieved from <http://www.pyppewithandy.com/pyp-pe-blog/archives/01-2015>



Thank you for advocating for Physical Education

See Below:

Class teacher and School Consent PEXpo Form 2021/2022 and

Parent/Guardian Consent PEXpo Form 2021/2022

Class teacher and School Consent PExpo Form 2021/2022

It is the responsibility of the school to ensure that the parent/ legal guardian of each entrant has given their signed consent for the children to participate in a live zoom meeting with the PEXpo judges and for the processing of the children's photographic images by the IPPEA and PEXpo for publicity material relating to PEXpo.

I, _____, the class teacher
from _____ (School), state that each parent /
guardian has given written permission for:

- the children's photograph(s) to be displayed in their learning diary and presented for review on PEXpo zoom day.
- the IPPEA and PEXpo to use photographic images of the children taking part in PEXpo in any publicity material relating to the PEXpo. These photographs may be used for distribution to national and local press as well as magazines and/or internal publications/web material or any social media, for example, Facebook and twitter.
- the children to participate with their peers and class teacher in a live zoom call with the PEXpo judges. The zoom meeting will not be recorded.

I confirm that I have received the requisite written consent from the parents/guardians of all children involved.

Contact in School: _____

School: _____

Signature: _____

[Type the document title]

Date: _____

**Please submit signed and completed consent form with your project*

Parent/Guardian Consent PExpo Form 2021/2022

Our class is planning to participate in the annual Theory of Physical Education Exhibition (PExpo). The theme is: What we have learned in Physical Education. The class teacher plans and teaches a unit of PE lessons (max 150 minutes) and the children will keep a diary reflecting on and documenting their learning. The class teacher will demonstrate the children's learning by submitting a two-page summary of the lesson content and learning outcomes accompanied by samples of the children's diary entries via email to the PExpo judges. On PExpo day, the class teacher with a sample of children will talk about their learning to judges via a 10-minute zoom call. We are writing to you as we require some permissions please.

I _____ (parent/ guardian) of _____(child)

Give permission

Do not give permission

- for my child's photographs to be displayed in their learning diary and presented for review for the PEXpo competition and on the PEXpo zoom day.
- for the IPPEA and PEXpo to use photographs of the children taking part in PEXpo in any publicity material relating to the PEXpo. These photographs may be used for distribution to national and local press as well as magazines and/or internal publications/web material or any social media, for example, facebook and twitter.
- my child to participate with their peers and class teacher in a live zoom call with the PEXpo judges.

[Type the document title]

Signed _____ (parent/guardian)

Date: _____