

My PE lesson

Looking at a dance

1. Write down the letters that you can see

2. Pick one letter ____

3. What body parts make the letter?

Circle:

HEAD SHOULDERS NECK ARMS BACK
FEET HANDS LEGS STOMACH BOTTOM

4. What level is the dancer at making the letter?

Circle:

HIGH MEDIUM LOW

5. How did the dancer move to the next letter?

Circle:

FORWARDS BACKWARDS SIDEWAYS

6. Describe how the dancer moved (actions)

Circle:

SKIP WALK HOP JUMP SIDE-STEP
RUN ROLL GLIDE SLIDE

Teachers' NOTE: Children peer-assess using this checklist.

Sharing lesson intentions, success criteria: body shapes, body parts, levels, directions; questioning; observation/ feedback.