Orientation Exercise

Lay out a grid of discs or cones as in page 2 of this resource. Have them at least 1m apart, preferably more. Each of the cones should be coded appropriately. Print the North Arrow and have that placed appropriately. On a suitable wall / fence / post. Explain the concept of orientating the map and how to keep the map orientated relative to a fixed point (in this case North arrow) and how the participants will have to move around the map.

You can then begin by giving students maps and get them to go around the various courses keeping the map orientated. They will need pen and paper to record the codes at each station.

As one moves up through the maps the courses get progressively more difficult.

Print all the sheets in this resource and laminate them.

Resources

For students

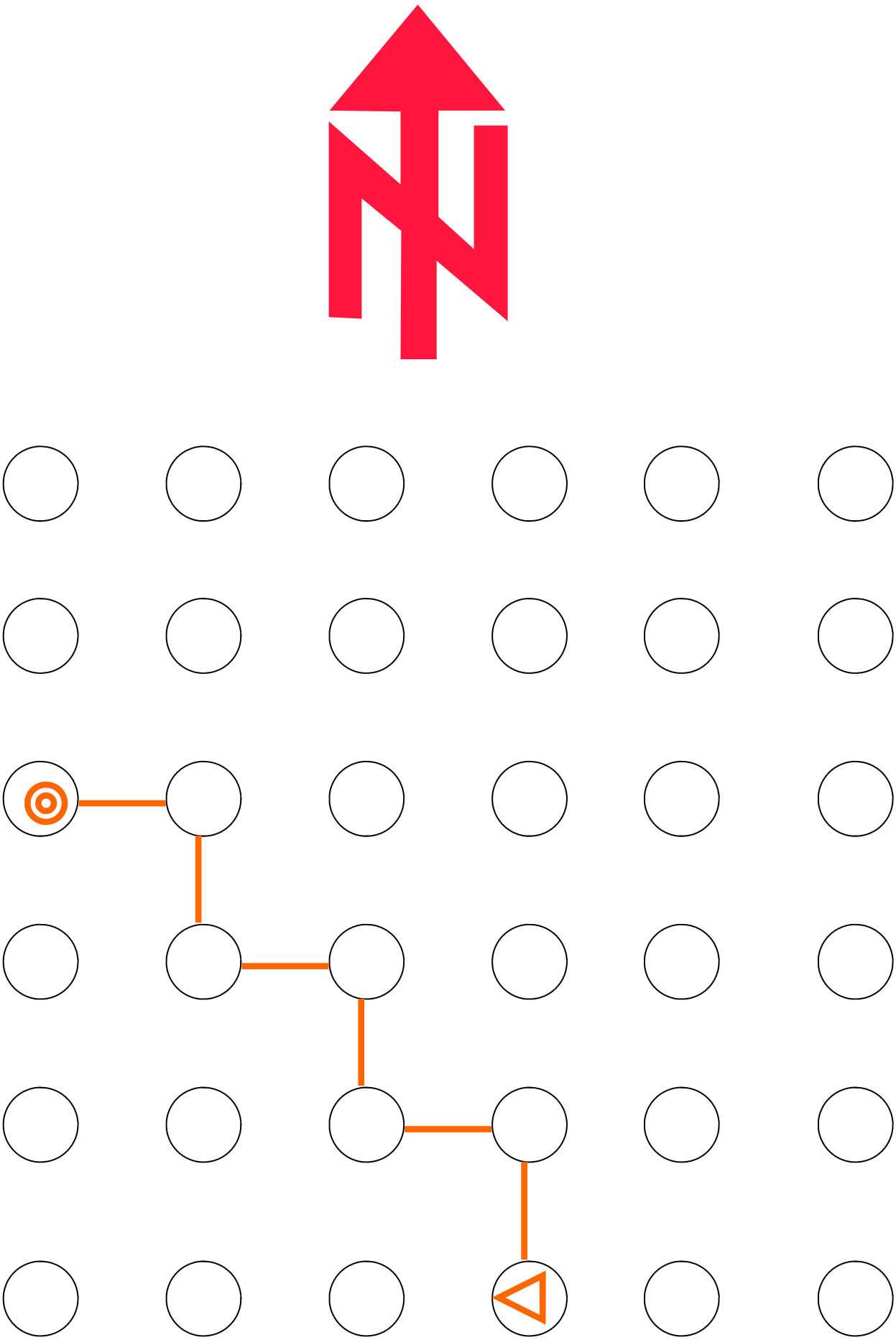
Pen and paper

To set out

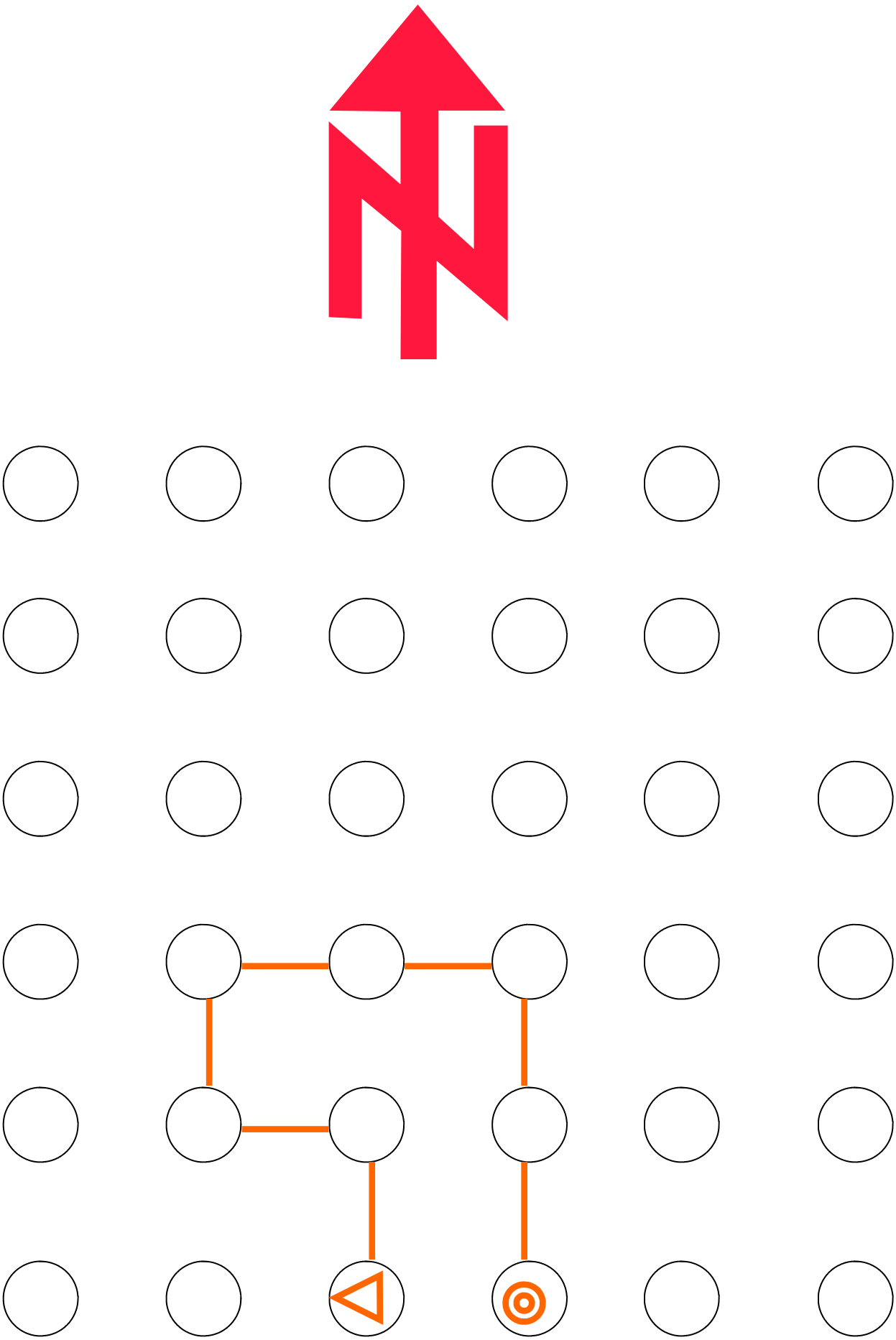
Laminated orientation maps
Cones or discs
Bluetack or thumb tack for North arrow
Big enough space!

Set Out Sheet

AA	AD	AE	AG	AH	AZ
XX	ZX	PO	PZ	PF	PH
ZY	AC	QW	QX	QY	QH
YY	XY	YY	YA	YU	YS
AB	AD	AW	BX	BY	BZ
ZY	ZW	ZY	ZU	ZF	ZO



Course 1



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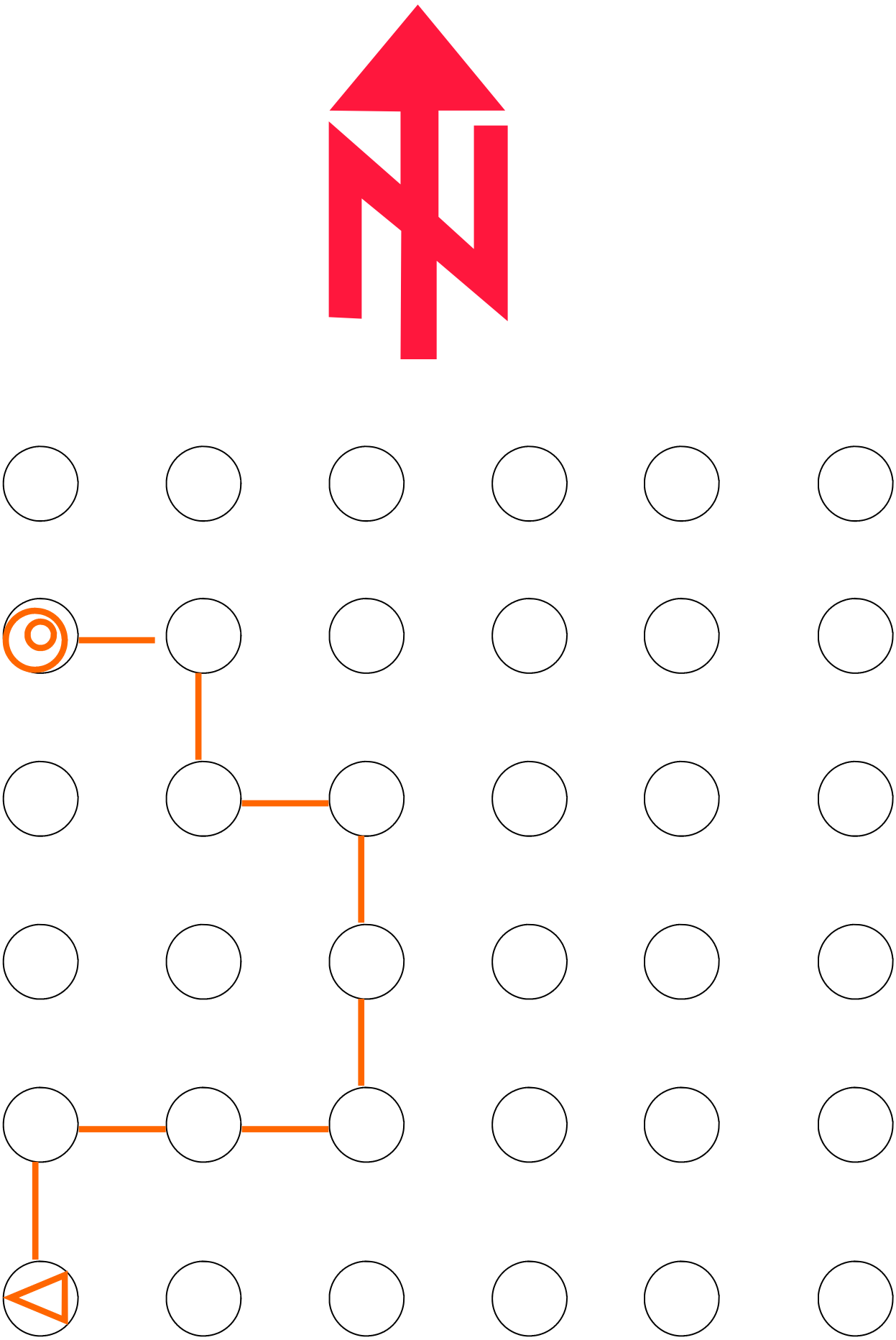

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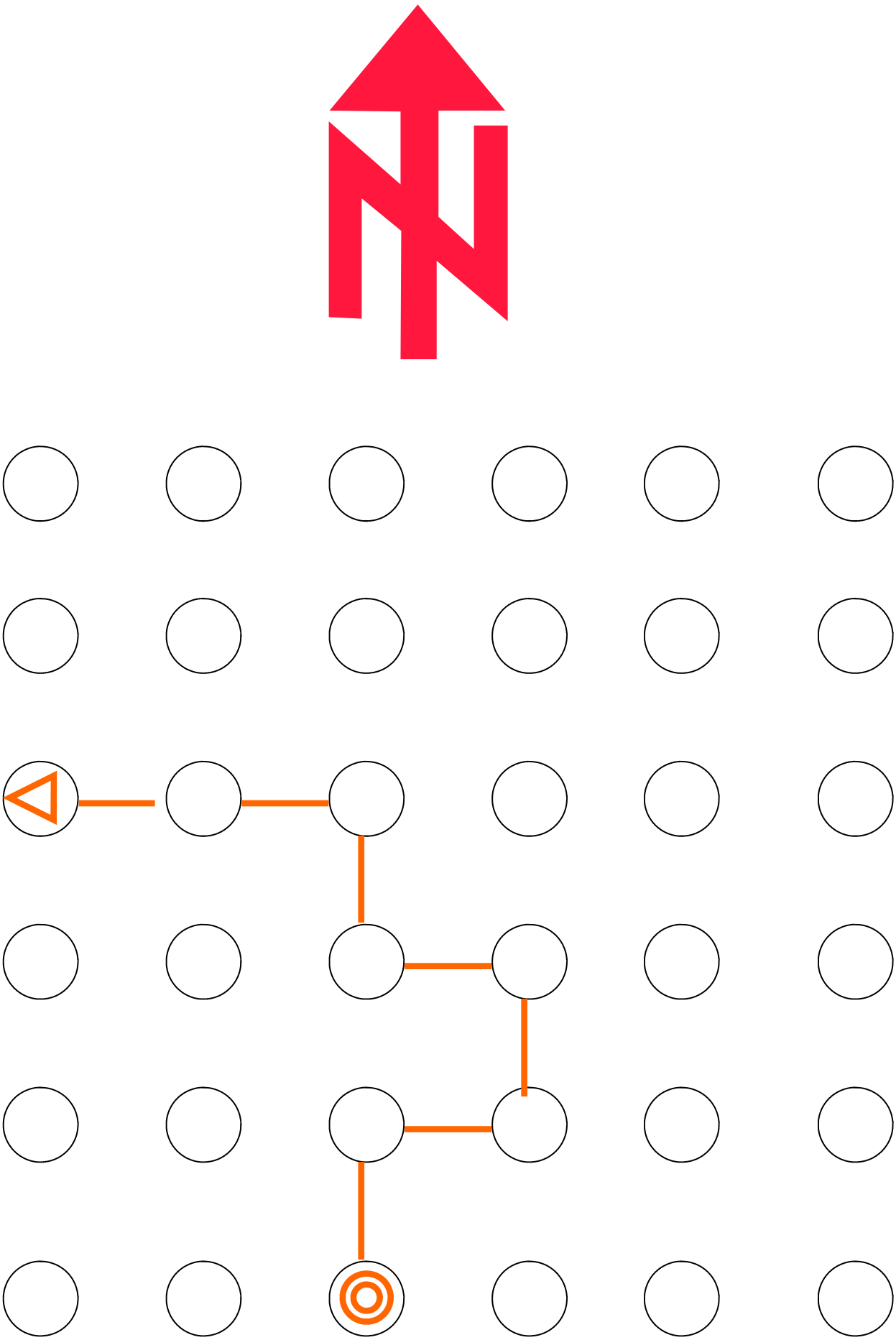

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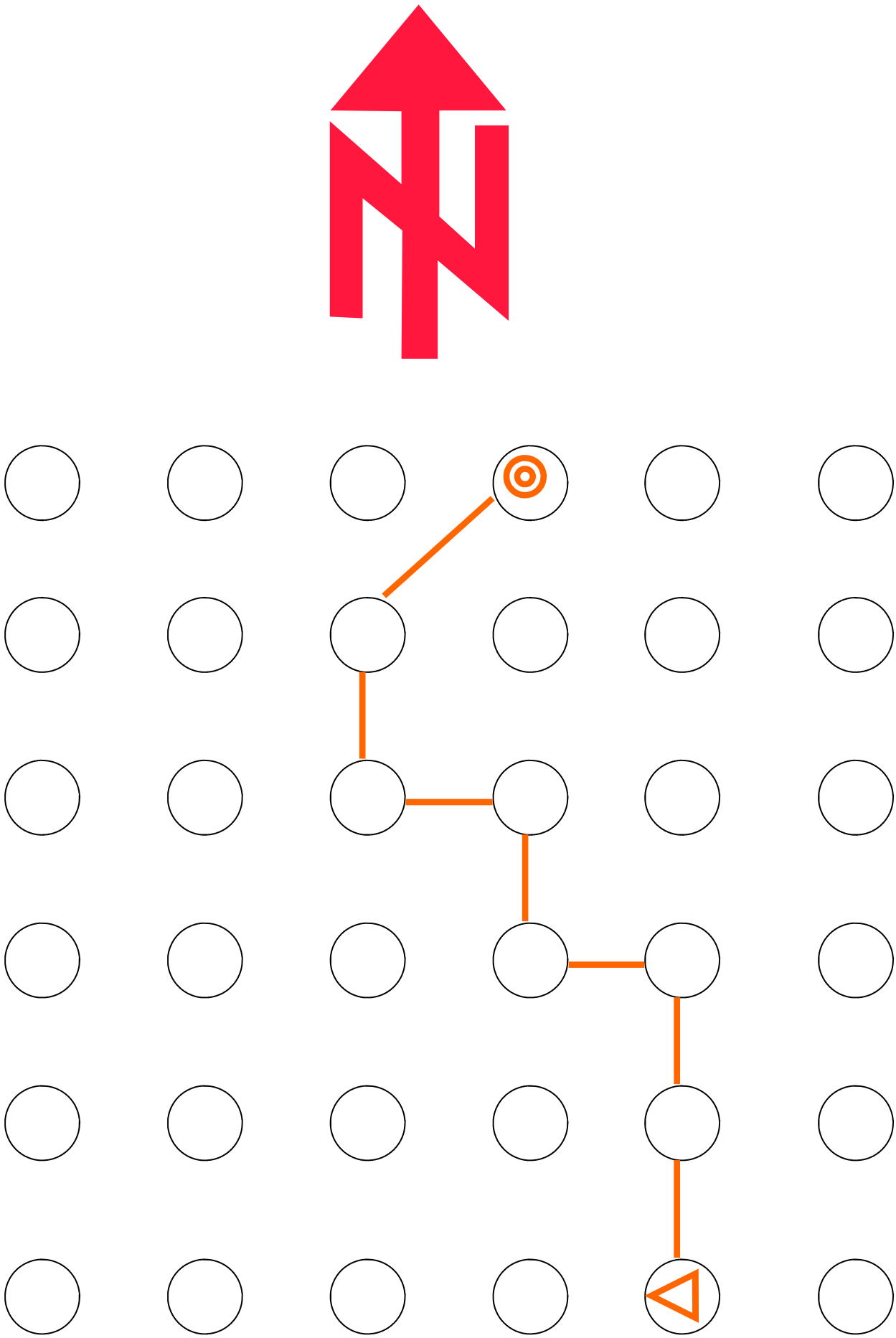

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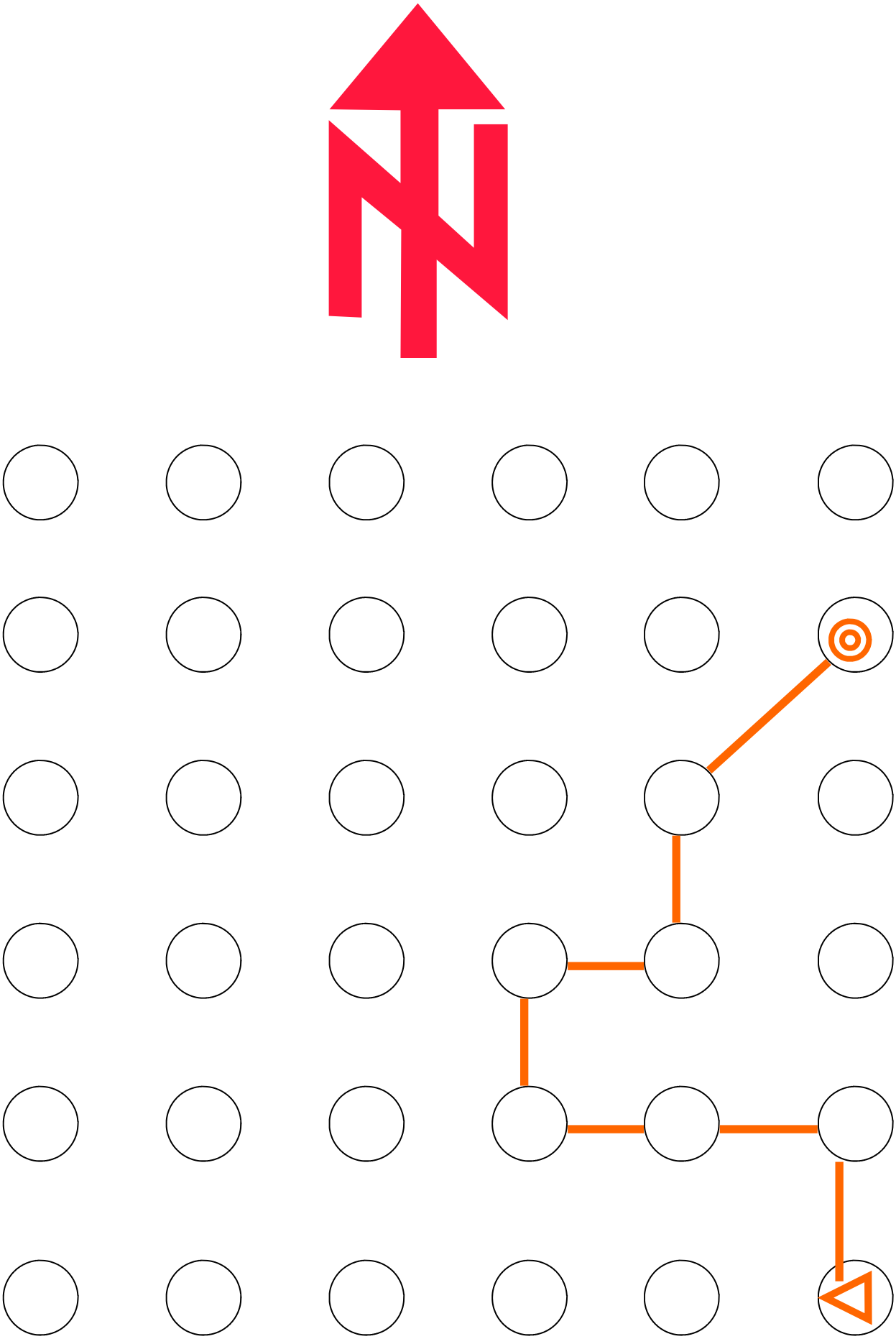

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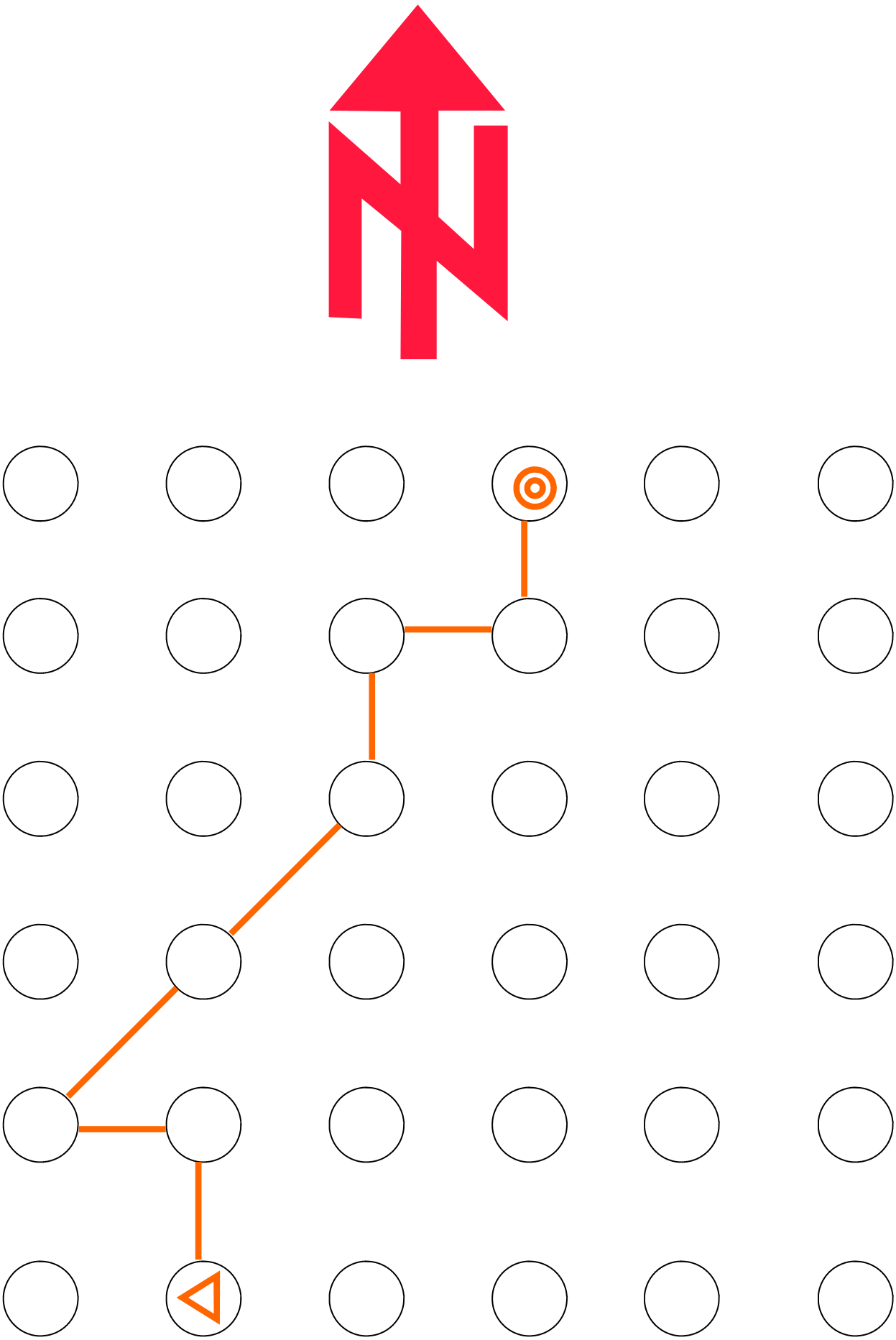

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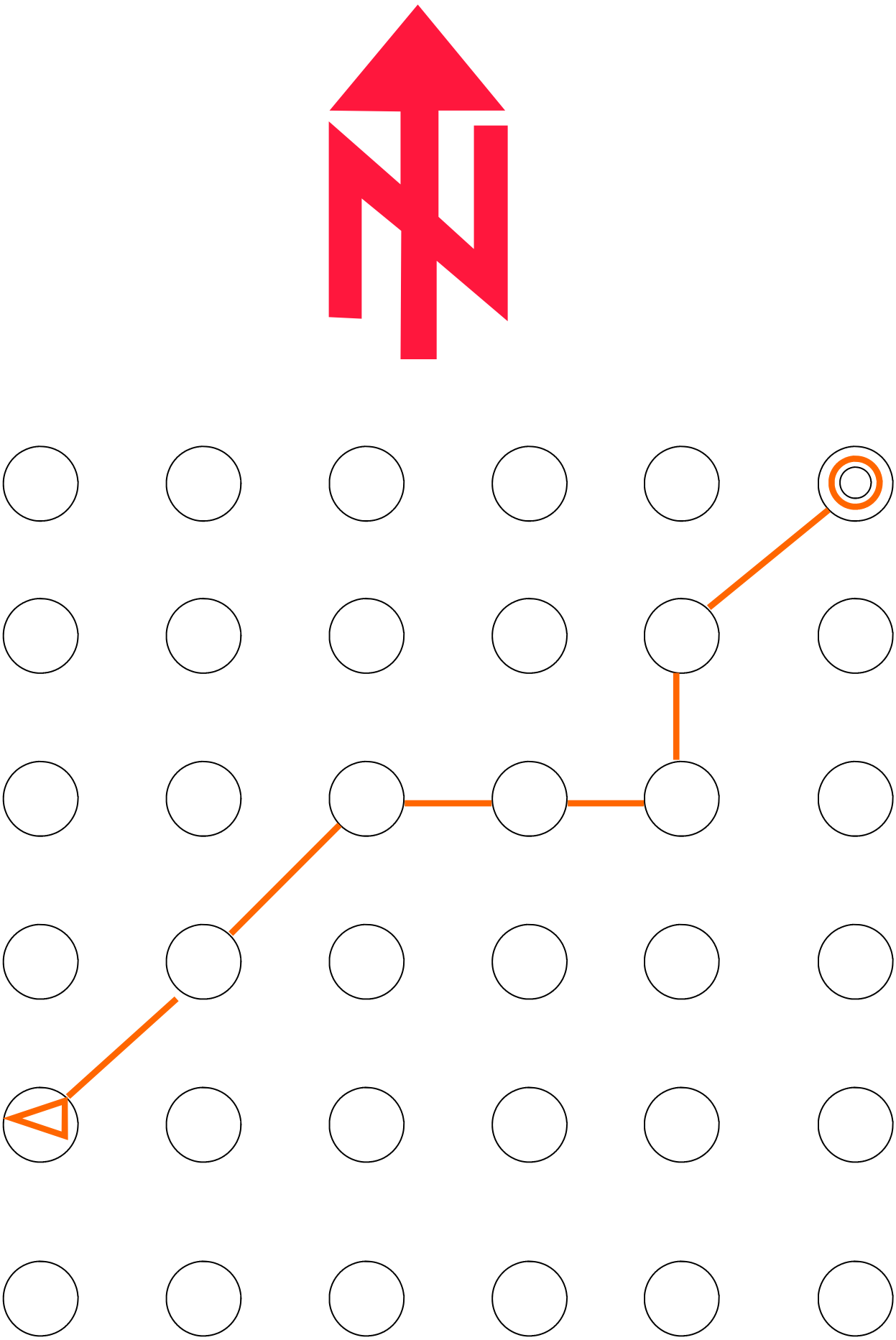

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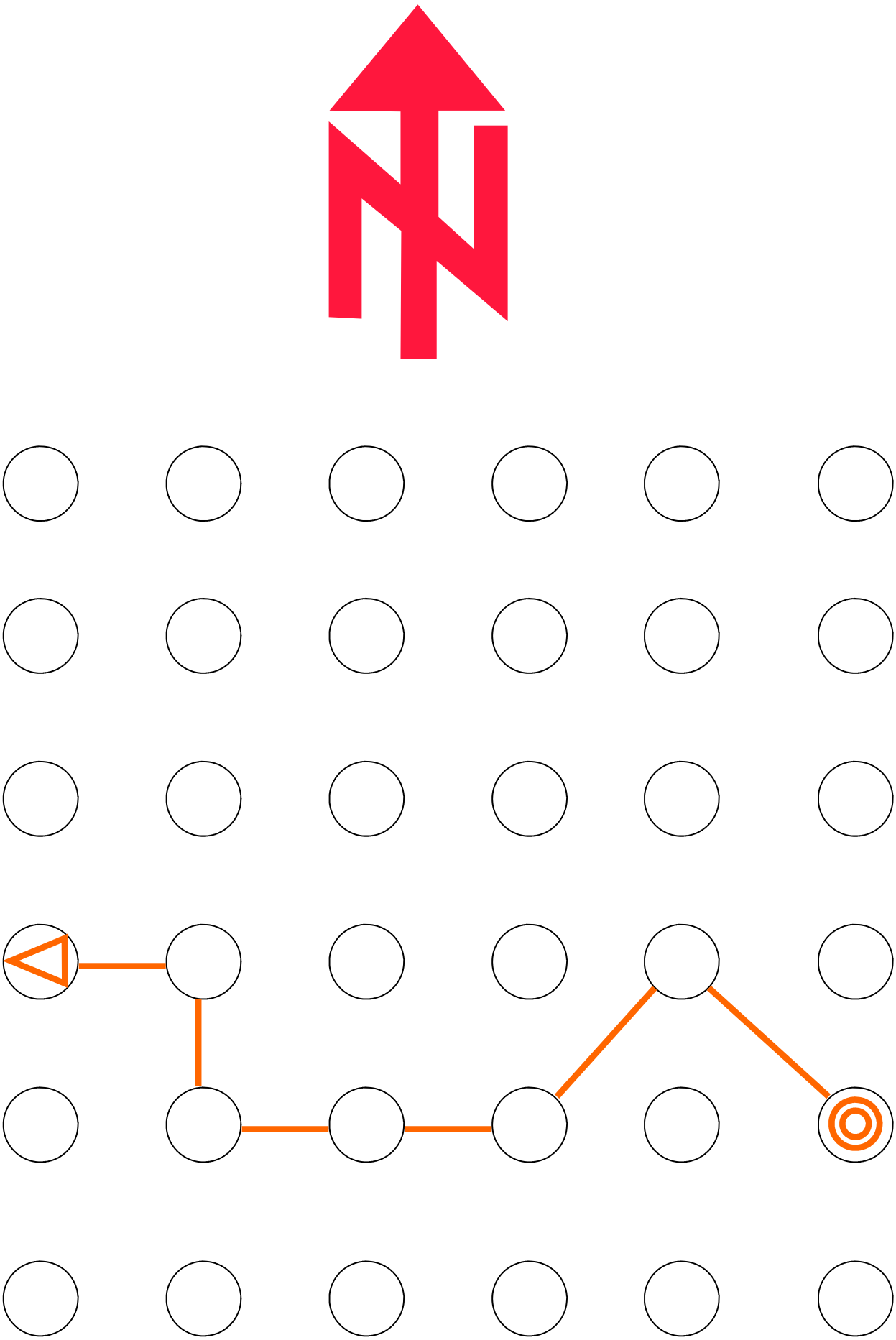

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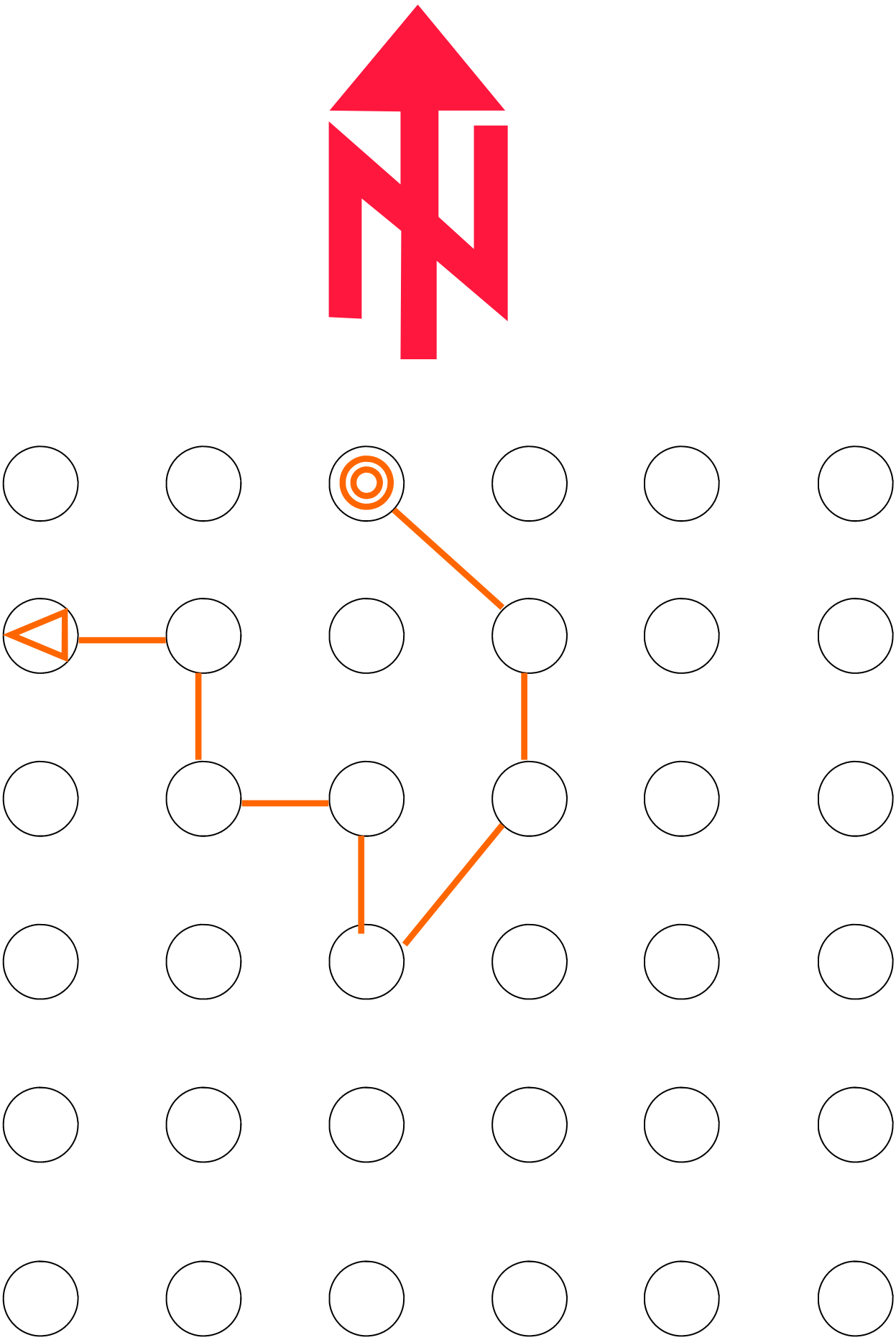

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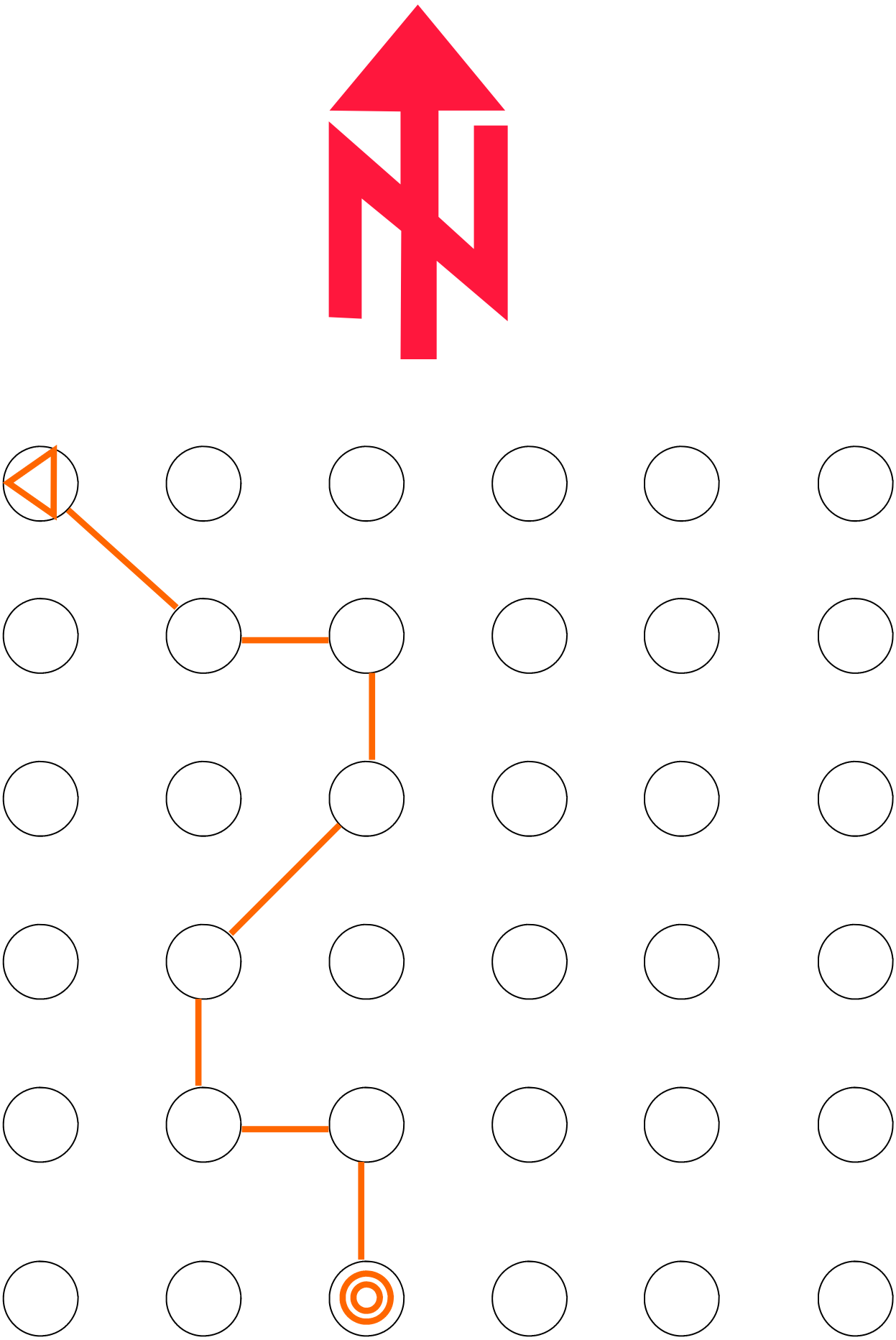

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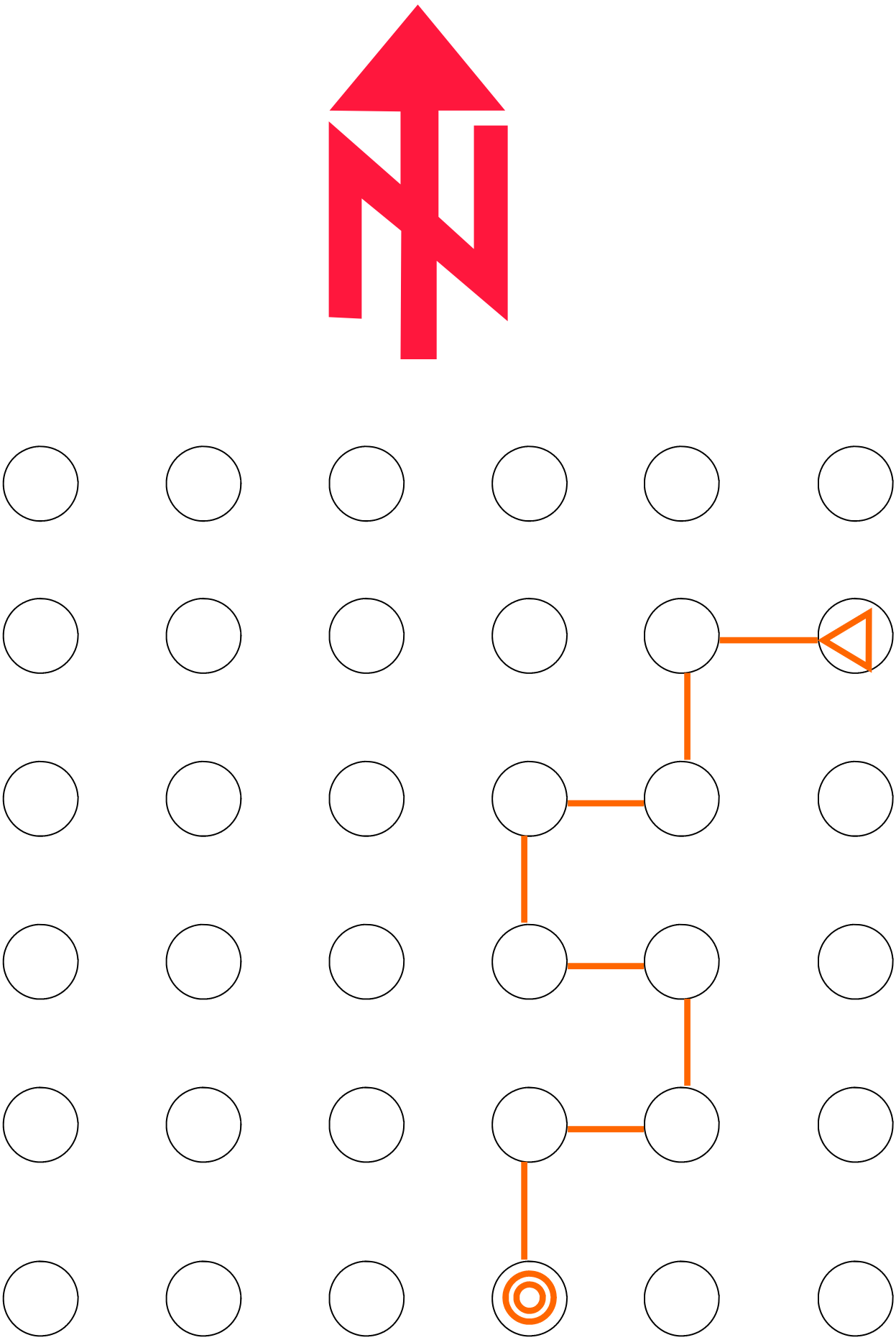

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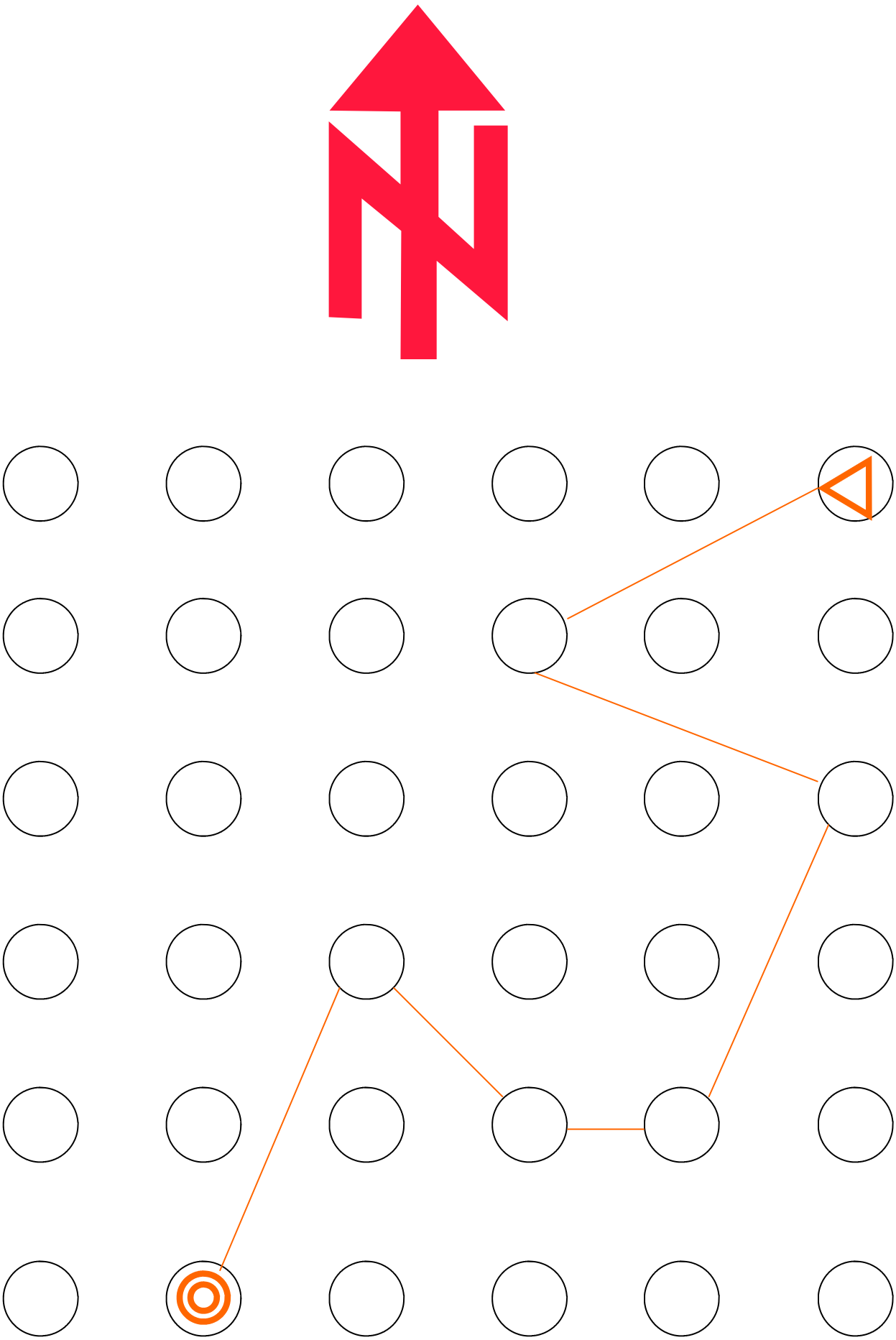

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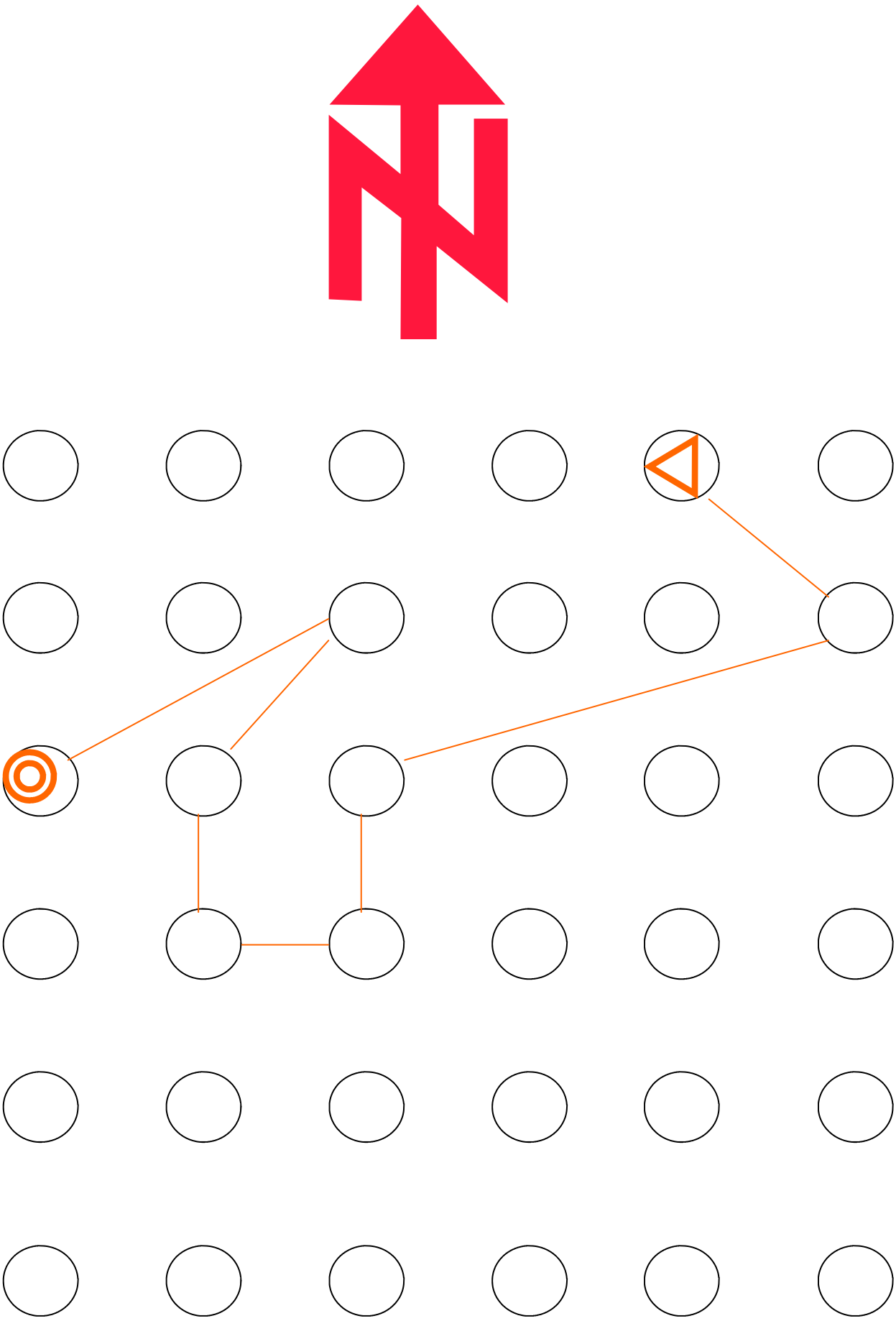

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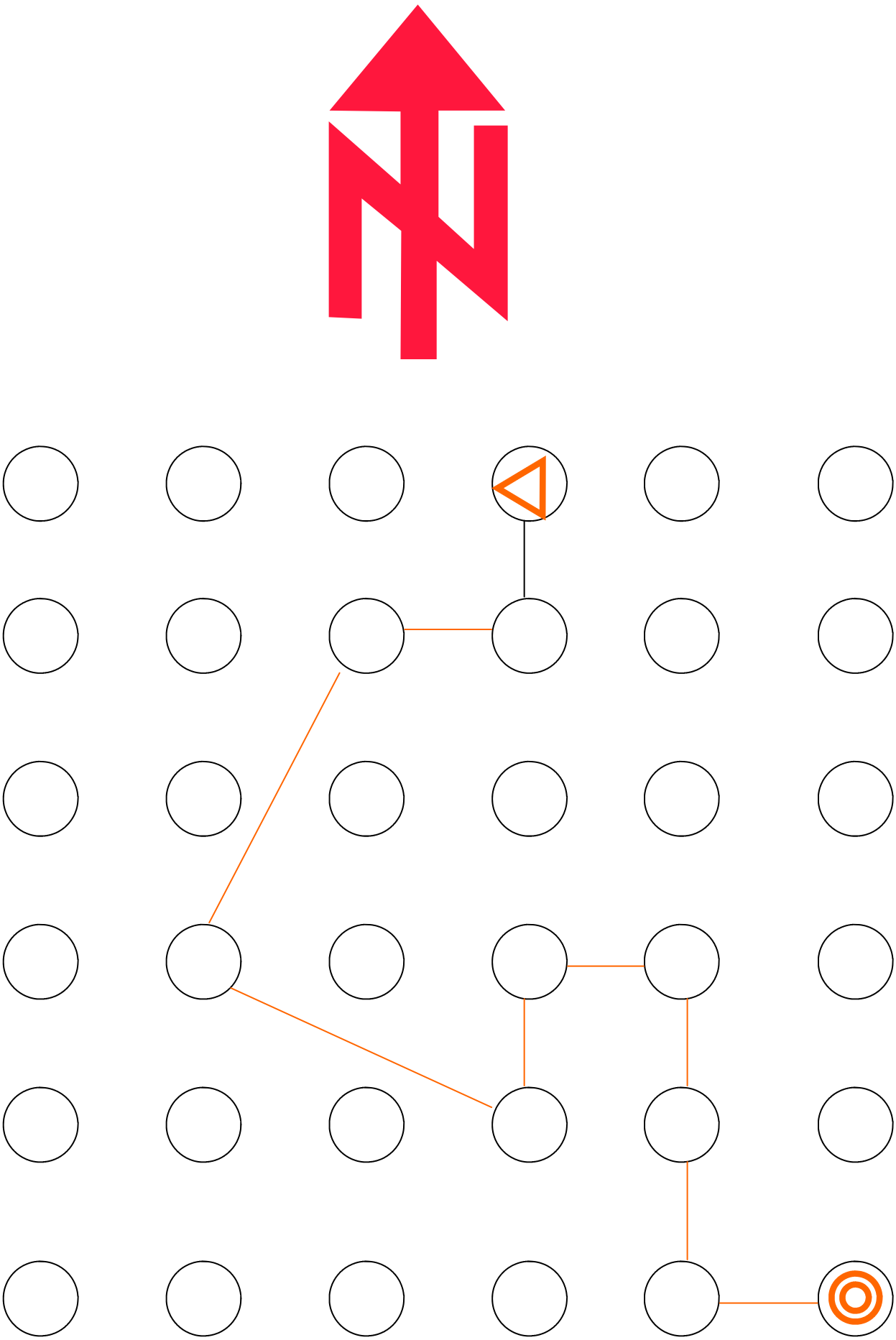

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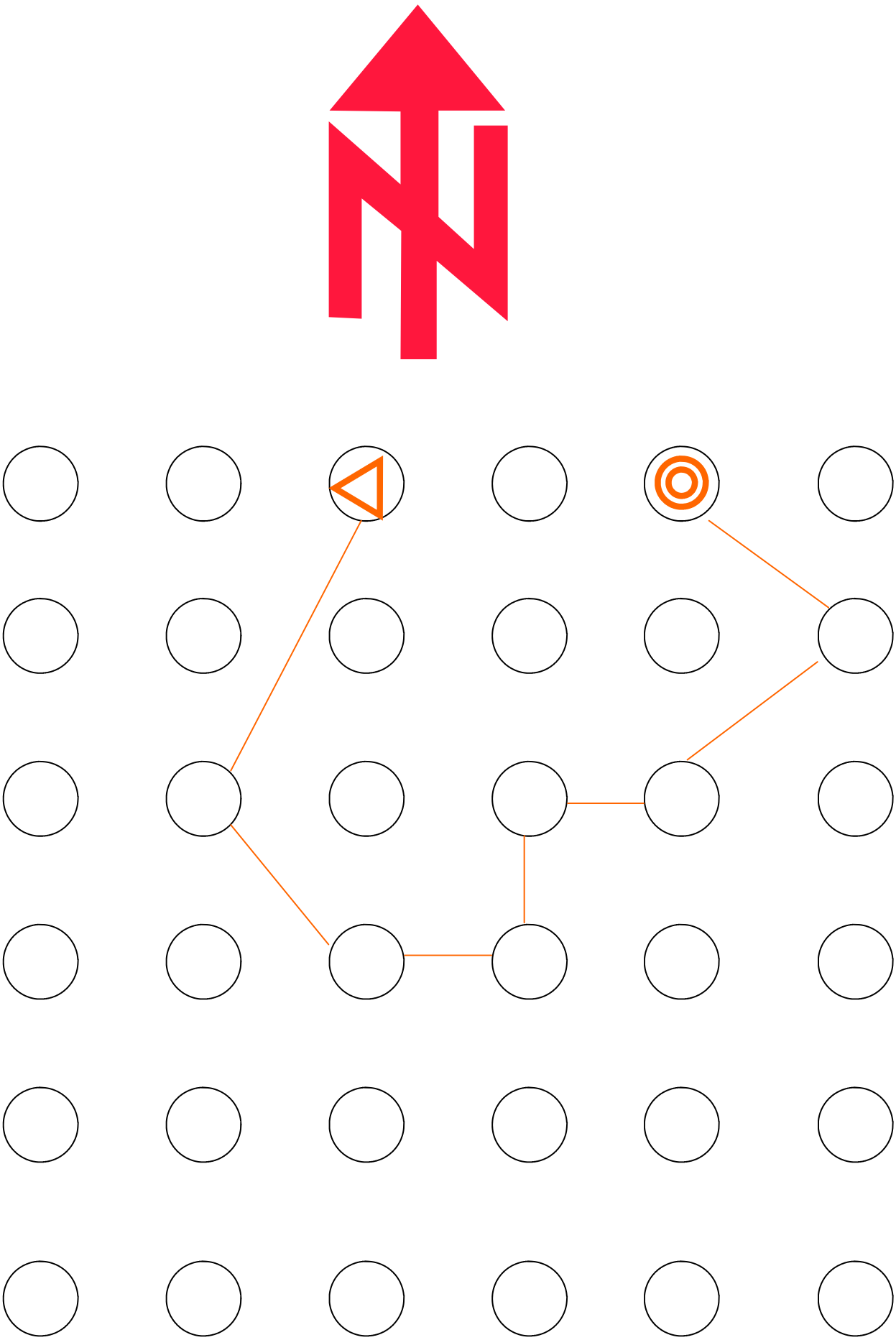

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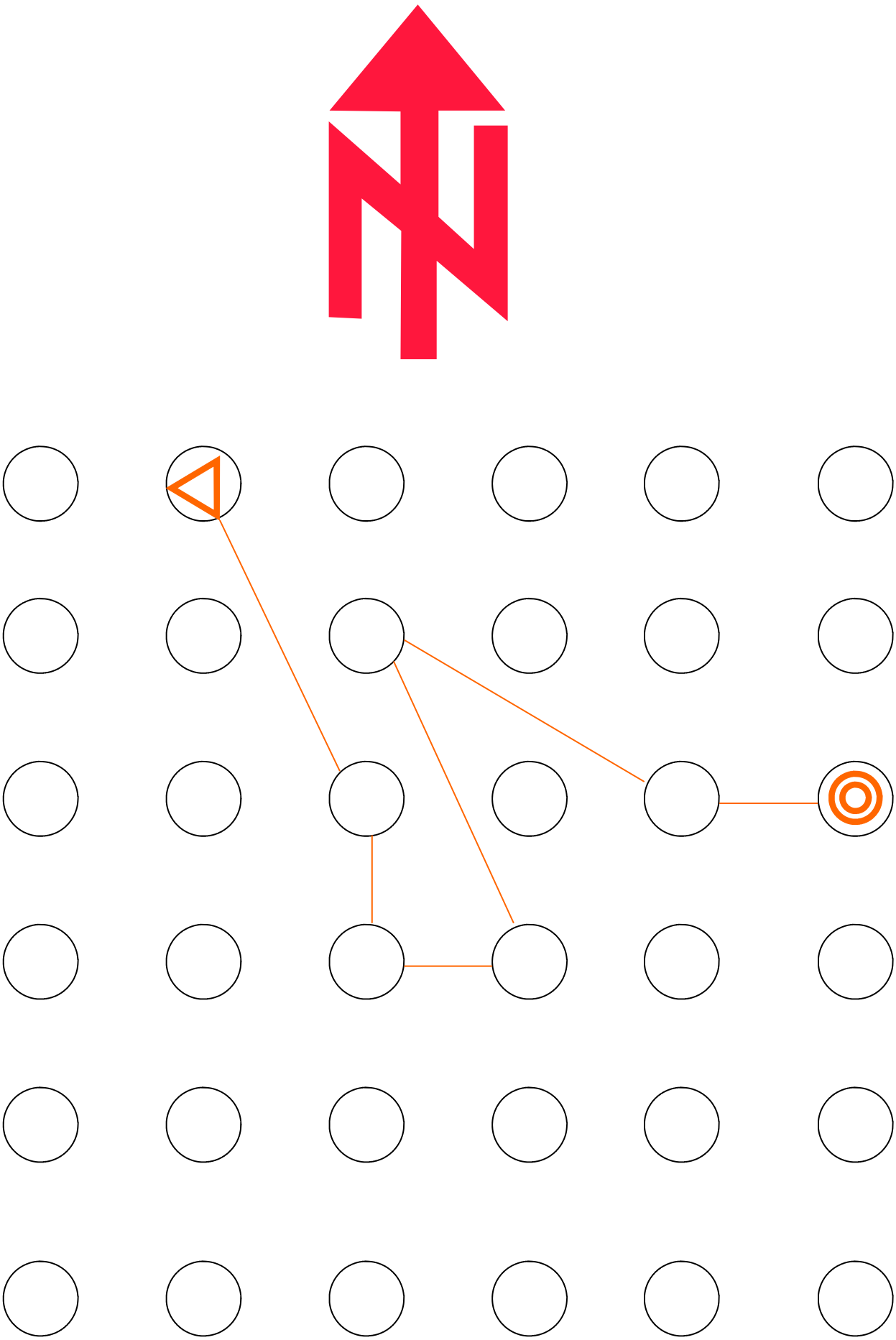
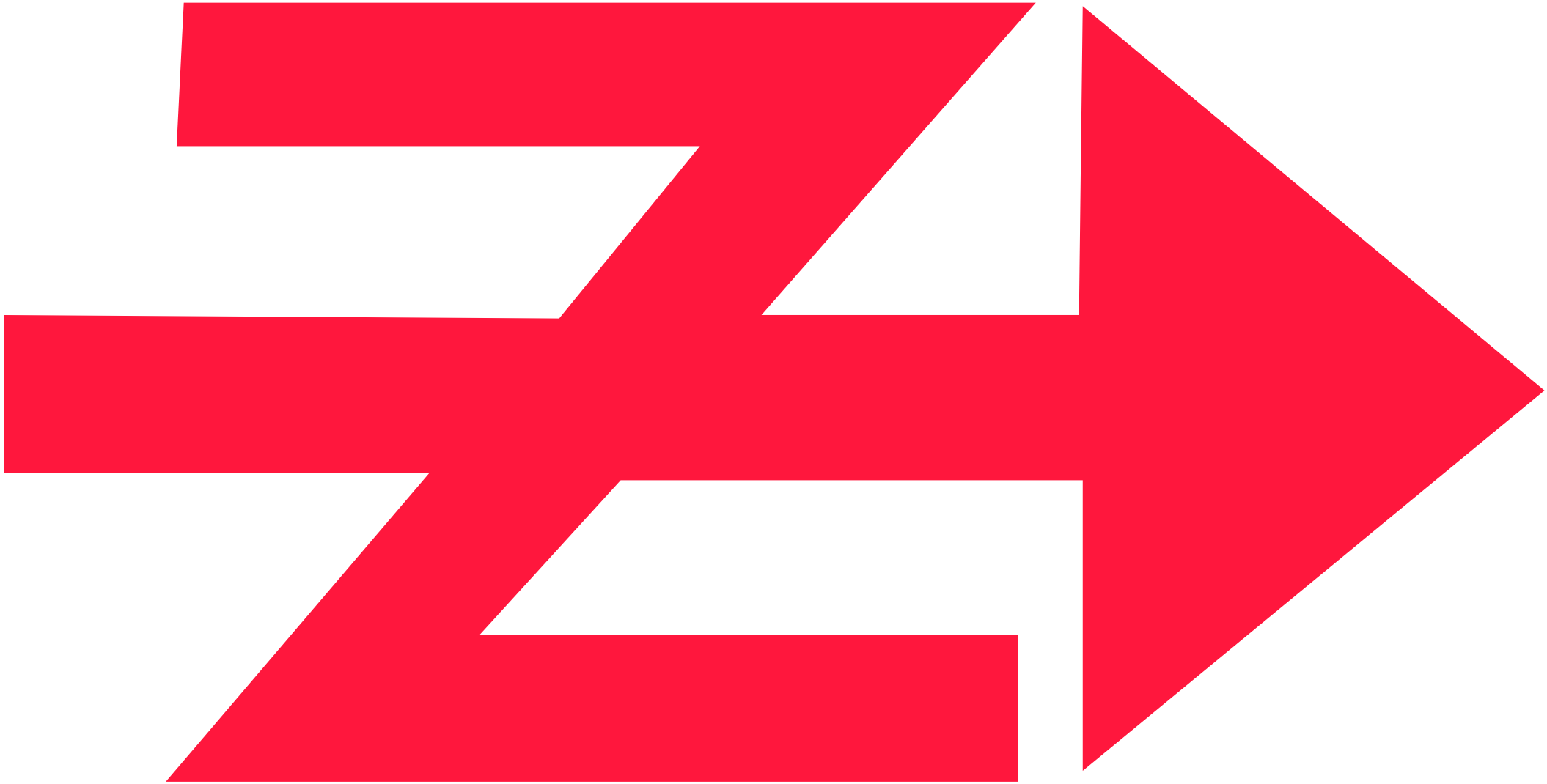
Course 17