

**Primary School Sports Initiative (PSSI) Materials**  
*Outdoor and Adventure activities: resource pack to-do-list*

**Infants**

***Lesson 1***

- Animal picture strips: Copy x 20, cut up control cards and keep together.
- Large animal pictures: Copy x 3, laminate each sheet onto different colour paper, cut up and put 3 sets together.
- XXX: Enlarge to A3 size if possible, laminate.

***Lesson 2***

- Object strips: Copy x 20, cut up control cards and keep together.
- Large object pictures: Copy x 4, cut up and laminate.

***Lesson 3***

- Dots and numerals: Copy x 3, laminate, cut up and put 3 sets together.
- Create similar matching pair game with a variety of pictures, cartoon characters, opposite pairs etc.

**1<sup>st</sup> & 2<sup>nd</sup>**

***Lesson 1***

- Shapes: Copy x 2 onto different colour paper, laminate, cut up and put two sets together.
- Controls: Copy x 2 onto orange paper, laminate, cut up and put two sets together.
- Shape strips: Copy x 20, cut up answer cards and keep together.
- Letter strips: Copy x 20, cut up answer cards and keep together.
- Number strips: Copy x 20, cut up answer cards and keep together.

***Lesson 2***

- Take 8 photographs of readily identifiable objects in a confined area of the playground.
- Produce 4 copies of each photo.
- Number back of each photo e.g. four no 1s etc. Laminate each photo.
- 8 box card: Copy x 20, cut up answer cards and keep together.
- Controls: Copy onto orange paper, laminate and cut up. Punch hole at top of control and attach string for ease of hanging.

***Lesson 3***

- XXX: Enlarge to A3 if possible, laminate.
- Route maps/walks: Make 2 copies of each map, put number or colour for ease of identification on back, laminate and cut up.
- Blank route map: Copy x 20, cut up blank maps and keep together.

## 3<sup>rd</sup> & 4<sup>th</sup>

### ***Lesson 1***

- N: Enlarge if possible and laminate.
- Controls: Copy x 1 onto orange paper, laminate and cut up. Punch hole at top of card and attach string for ease of hanging.
- Answer strips: Copy x 20, cut up and keep together

### ***Lesson 2***

- Route map: Enlarge if possible and laminate.
- Route maps/walks: Make 2 copies of each map, put number or colour for ease of identification on back, laminate and cut up
- Blank map: Copy x 20, cut up and keep together.

### ***Lesson 3***

- Answer card: Copy x 20, cut up and keep together

### ***Lesson 4***

- Source map of school grounds.
- Refer to PSSI disc 3<sup>rd</sup> & 4<sup>th</sup> class lesson 4 page 3 – maps need not be A4 size, photograph size is perfect.
- Make 10 copies of school map.
- Draw a different route in each one.
- Copy each map again.
- Number each map e.g. 2 identical no 1s etc.
- Laminate all maps.
- Answer cards: Copy x 20, cut up and keep together.

## 5<sup>th</sup> & 6<sup>th</sup>

### **Lesson 1**

- Assessment maps: Copy x 2, laminate and cut up.
- Master copy: Copy x 1, laminate.
- Symbol match game: Copy x 10 onto different colour paper, laminate, cut up and keep sets together.

### ***Lesson 2***

- Use map p.3 to help in adapting school map for the activity.
- Control cards: Copy x 1 onto orange card, laminate and cut up. Punch hole at top of card and attach string for ease of hanging.
- Answer sheets: Copy x 20, cut up and keep together.

### ***Lesson 3***

- Create alternative orienteering map using original from lesson 2.
- Control cards and answer sheets should be transferable from previous lesson.